

Authorization to Release Confidential Information

| I, [Name of Patient] |
|--|
| hereby authorize(therapist) |
| at Balance Stress Management & Therapy at 620 Wing Street, Elgin, IL 60123 |
| to release confidential information obtained during the course of my treatment |
| to |
| [name and function of the person(s) or entities to which information is to be released] |
| This Authorization permits the release of the following information: |
| Any and All Information Necessary |
| Diagnosis Treatment Plan Prognosis |
| Progress to Date Clinical Test Results Dates of Treatment Patient Records |
| Summary of Treatment |
| Other |
| I understand that I have a right to receive a copy of this authorization. I also understand that any |
| cancellation or modification of this authorization must be in writing. |
| This Authorization shall remain valid until:("Expiration |
| Date") |
| By: |
| Date: |
| (Patient or Patient's Representative*) |
| |

*If signed by other than Patient, please indicate the relationship between Patient and his/ her representative: